

(Sample)
Behavioral Contract

1. My specific goals for this behavior modification program are:
2. To observe, record, and graph the behavior in question, the modifier (type name here) will:
3. To minimize the causes of the problem, the modifier (type name here) will:
4. As the person being modified I (type name here) agree to do the following:
5. Rewards that can be earned for sticking to and/or completing this program include:
6. Signatures involved and the date of the agreement:

Modifier

Person being Modified

Date