

Behavioral Assessment Forms/Charts

Assessment Form

1. State the problem and give an example of its occurrence.
2. Specify the target response(s) to be observed in precise terms. Be sure that a stranger reading this description would know exactly what the client is saying or doing.
 - a. Behavioral excesses:
 - b. Behavior deficits:
3. Describe the antecedents related to the target response(s).
 - a.
 - b.
4. Describe in specific terms the negative consequences of this problem.
 - a.
 - b.
5. State the possible reinforcers for the target response(s).

Example of Daily Behavioral Recording Chart

Days	Target Response	Response Strength (Frequency/Time Unit)
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
		Total: Average:

Behavior Modification Techniques

<u>Develop New Behavior</u>	<u>Increase Response Strength</u>	<u>Maintain Response Strength</u>	<u>Decrease Response Strength</u>
Shaping with successive Approximations	Positive Reinforcement	Positive Reinforcement	Satiation
Stimulus Fading	Deprivation	Schedules of reinforcement	Operant Extinction
Chaining	Differential reinforcement	Differential reinforcement	DRO and DRI
Backward chaining	Discrimination training	Discrimination training	Discrimination training
Model presentation	Negative reinforcement	Negative reinforcement	Punishment
Negative reinforcement			Respondent extinction
Respondent conditioning			Systematic desensitization
Self-instruction training			In-vivo desensitization
Stress inoculation training			Flooding